

**Wiltshire
children's centres
Keeping in Touch
Spring 2023**




spurgeons
children's charity

Support your child to be 'Ready to Start School'

We are offering 2 free sessions to help you prepare your child for school life. Join us on this essential course that contains useful tips, lots of advice and games to play that grow your child's skills and confidence for the transition from pre-school to primary school.



“We have been talking about this course lots, and both really enjoyed it. We felt it has probably been one of the best courses we have done so far because the information has been so relevant to us and our children. The games and ideas have been so useful and helpful, our children really needed them! The practical stuff, games especially for sharing and taking turns and book/reading info has been great. Thank you so much.” Feedback from last year

[Click here to go to our course dates document](#)

Baby massage sessions

For families with younger babies (that are not yet crawling) We have our amazing free baby massage sessions. Join us to learn to understand the subtle cues from your baby and develop your bond to increase your confidence as a parent.



FREE School Uniform!

Most of our centres now have a FREE school uniform rail. From white polo shirts to branded sweatshirts we have all kinds of items new or pre-loved to kit out your little one!

Find out more about the services we provide by clicking on the buttons

PROFESSIONALS

**FAMILIES
with children 0 - 5**

**FAMILIES
with children 6 - 11**

Support we offer

We are here to help with a whole range of topics including:

Ideas around implementing routines and setting boundaries.

Help to understand your child's needs and build your confidence as a parent.

Supporting parents to learn to communicate better with each other.

Help around finances, housing applications, debt support and accessing benefits.

Advice on local childcare and applying for funding.

Supporting you 'back to work'.

Introductions to other services.

We can help families access:

Breast pump loan

Baby Bundles

Food boxes

New Parent, New Baby programme

Healthy Start vitamins

Check out what we are doing on social media

Our Spurgeons Wiltshire children's centres Facebook page is another way for families to stay up to date with current services. Or maybe you just want to take a peek at some of the videos we've made.

Simply click on the icons or scan the QR codes:



Get in touch with us

If you have any questions or would like more information about our services please call us on one of our numbers below or check out our website:

Freephone:
0800 970 4669

email: wiltshirecc@spurgeons.org

Other useful numbers:

Health visitor - single point of access

0300 247 0090

National Breastfeeding helpline
0300 100 0212

FearLess (domestic abuse support service)
01225 775276

Wiltshire out of hours domestic abuse helpline
01225 712880

Click here to visit our website



<https://www.wiltshirechildrenscentres.org.uk>