



Getting it Right for Children

This course is designed to help you (and your separated partner if they wish) to communicate better for the sake of your children.

The course demonstrates what it is like for you and your children when disagreements happen and supports you to learn new skills, that can help you resolve disagreements in a better way.

By the end of the course, you will be able to:

- Stay calm and listen as well as talk.**
- See things from a different point of view.**
- Stop a discussion from turning into an argument.**
- Negotiate to make compromises.**
- Work out solutions.**