



Five to Thrive



Five to Thrive is the simple things that you can do to connect with your child and build a strong relationship. Join us for 5 fun sessions to support you with this.

Bookstart

Sharing books, stories and rhymes with your child from an early age can help create a love of reading. Bookstart is here to guide you on your child's reading journey from 0-5 years.
4 week course.

Being a Parent

This 8 week course helps parents learn practical communication skills for everyday life to bring up confident, happy and co-operative children. For parents with children 2 years and over.

One off Events

Over the year we plan events such as:

- Oral Hygiene
- Self Care and Independence
- Emotions and Feelings
- Back to Work

See facebook for upcoming sessions.

Early Words Together

A 5 week course full of fun for you and your child. Learn about how to support your child's speech and language development.

For families with children aged 20-40 months.

Reconnect

We are running a variety of different sessions to enable families to meet together in your local area. Please contact us for details about

"Play, Relax Reconnect", "Buggy Walks",
"Walk, Talk and Story" and "Play, Talk and Grow Together".

Anybody Can Cook

A fun, 4 week course for you and your child to cook together



What's Happening

Wiltshire Children's Centres providing support and services for families with children aged 0-5

Click
here to
access the
website

www.wiltshirechildrenscentres.org



Please use our
free phone
number to
contact us
0800 970 4669

Family Support Service

One to one support when you need it most for a range of issues which can affect family life:

- Parenting and behaviour
- Routines and boundaries
- Children's emotional support
- Financial and budgeting support
- Childcare funding
- Back to work
- Introductions to other services

Appointments can be via the phone or at the centre.

Baby Steps

A perinatal programme covering the weeks just before and after having your baby (professional referral only).

Mum2mum

An online breastfeeding support group run by trained volunteers with experience of breastfeeding.



Mum2Mum
Breastfeeding? Talk to a mum who has.

New Parent New Baby

Meet other parents with babies up to 6 months old and share activity ideas.
Sessions run for 6 weeks.